

## **WINTER LAYERED CLOTHING CHECKLIST:**

### **Head/neck:**

Ski Mask OR Insulated hat with ear flaps OR Wool knitted cap  
Wool or fleece scarf

### **Upper Body:**

Thermal long-sleeve pullover shirt (not cotton!)  
Nylon long-sleeve shirt (Scout Shirt)  
Wool long-sleeve shirt OR fleece long-sleeve shirt/pullover (not cotton!)  
Wool Sweater  
Insulated vest  
Wind-proof heavy coat  
Waterproof long coat (or rain slicker)

### **Lower Body:**

Regular underwear  
Thermal full-leg underwear  
\*Non-cotton pants (can be Scout pants) OR fleece (not cotton!) sweatpants  
OR wool pants  
Bib-style snow pants OR bib-style insulated work pants

### **Feet:**

\*Polypropylene (or other non-cotton) socks  
\*2<sup>nd</sup> layer Wool socks or synthetic (Official Scout Socks)  
\*3<sup>rd</sup> layer Wool socks  
Insulated snow boots OR waterproof work boots with wool liners

### **Hands:**

Polypropylene glove liners  
Insulated snow glove OR wool mittens

### **Sleep System (need 1 set of these to put on dry at night (cannot be day clothing):**

Polypropylene (or other non-cotton) socks  
2<sup>nd</sup> layer Wool socks (Scout)  
\*\*Regular underwear  
\*\*Thermal full-leg underwear  
\*\*Fleece (not cotton) sweatpants OR non-cotton pants  
\*\*Thermal long-sleeve pullover shirt (not cotton)  
\*\*Fleece long-sleeve pullover shirt  
\*\*Wool Sweater (optional)  
\*\*Wool knitted cap  
Sub-zero rated sleeping bag OR 2 sleeping bags (you will stuff one inside the other)  
Foam mattress to put under sleeping bag to insulate you from the ground

\* Should bring a spare

\*\*Even though you have one of these items for daytime, you must bring a spare to sleep in so that you will be sure to have a dry one.